

Unit 9

Personal Care and Grooming: Relationship to Self-Esteem

Terminology

1. **Cuticle** - skin located at the base of the nail.
2. **Dentures** - artificial teeth.
3. **Emollient** - an agent used to soften and soothe the skin when applied locally.
4. **Pericare** - perineal care.
5. **Perineum** - area between the vulva and anus in a female, or between scrotum and anus in a male.